

Pool One

Wednesday, 25 May 2016

06:30

45-Minute Warm Up

07:30

Women's 200m Individual Medley

Peggi Hurenkamp
Evelien van Klaarbergen

Women's 800m Freestyle

Ineke Meijer
Jannie Vennik

Thursday, 26 May 2016

06:30

45-Minute Warm Up

07:30

Men's 200m Freestyle

Men's 50m breaststroke

Men's 100m butterfly

Women's 4x50m Freestyle Team

Alie, Evelien, Ineke, Jannie

Men's 4x50m Freestyle Team

Friday, 27 May 2016

06:30

45 minute warm-up

07:30

Women's 200m butterfly

Women's 50m backstroke

Women's 100m breaststroke

Men's 400m freestyle

Rene Beetsma

Mixed 4x50m Team

Rene, Peggi, Evelien, Jan Eggo
Ineke, Dennis, Gerard, Jannie

Saturday, 28 May 2016

06:30

45 minute warm-up

07:30

Men's 200m backstroke

Gerard Eghuizen

Men's 50m butterfly

Dennis Mooij

Men's 100m freestyle

Rene Beetsma
Jan Eggo Huininga

Women's 400m freestyle

Mixed 4x50m freestyle team

Gerard, Jannie, Peggi, Jan Eggo
Alie, Rene, Dennis, Evelien

Sunday, 29 May 2016

06:30

45 minute warm-up

07:30

Men's 200m breaststroke

Jan Eggo Huininga

Men's 50m freestyle

Dennis Mooij

Women's 100m backstroke

Men's 4x50m medley team

Gerard, Rene, Dennis, Jan Eggo

Women's 4x50m medley team

Ineke, Peggi, Evelien, Jannie

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