

Zuiderzee Masters Circuit 2015-2016 deel 6
Heerenveen, 20-2-2016

Programmanr. 8 20-2-2016 - 17:45	200m vrije slag		20 - 84 jaar Resultaten
Wereld Masters Record 25+	1:44.90	Darian Townsend	3-11-2013
Wereld Masters Record 30+	1:46.12	Darian Townsend	27-9-2014
Wereld Masters Record 35+	1:51.31	Erik Hochstein	14-12-2003
Wereld Masters Record 40+	1:50.08	Michael Ross	6-12-2008
Wereld Masters Record 45+	1:52.87	Nicolas Granger	9-3-2012
Wereld Masters Record 50+	1:54.61	Ambrose Gaines	14-10-2011
Wereld Masters Record 55+	1:59.08	Michael Mann	21-11-2009
Wereld Masters Record 60+	2:05.07	Jack Groselle	18-5-2014
Wereld Masters Record 65+	2:15.39	David Quiggin	17-10-2009
Wereld Masters Record 70+	2:22.60	David Quiggin	12-10-2014
Wereld Masters Record 75+	2:27.53	David Radcliff	18-4-2009
Wereld Masters Record 80+	2:38.25	David Radcliff	28-9-2014
Wereld Masters Record 25+	1:59.78	Sheila Taormina	31-3-1996
Wereld Masters Record 30+	2:02.60	Hitomi Matsuda	20-11-2010
Wereld Masters Record 35+	2:03.12	Hitomi Matsuda	25-3-2012
Wereld Masters Record 40+	2:05.26	Karlyn Pipes-Neilsen	14-12-2003
Wereld Masters Record 45+	2:05.94	Karlyn Pipes-Neilsen	2-12-2007
Wereld Masters Record 50+	2:10.72	Suzanne Heim-Bowen	6-12-2009
Wereld Masters Record 55+	2:14.45	Laura Val	21-11-2009
Wereld Masters Record 60+	2:20.16	Laura Val	4-12-2011
Wereld Masters Record 65+	2:29.35	Charlotte Davis	15-2-2015
Wereld Masters Record 70+	2:44.70	Yoshiko Osaki	17-2-2008
Wereld Masters Record 75+	2:51.65	Yoshiko Osaki	26-1-2013
Wereld Masters Record 80+	3:01.61	Jane Asher	25-6-2011
Europees Masters Record 25+	1:49.94	Andrew Manley	Sheffield (GBR) 20-10-2003
Europees Masters Record 30+	1:46.52	Stefan Herbst	Kiel (GER) 17-12-2011
Europees Masters Record 35+	1:51.49	Jochen Bruha	Bonn (GER) 27-11-2004
Europees Masters Record 40+	1:53.03	Kai Ditzel	Bremen (GER) 7-11-2004
Europees Masters Record 45+	1:52.87	Nicolas Granger	Angers (FRA) 9-3-2012
Europees Masters Record 50+	2:01.56	Edgars Ozolins	Tallinn (EST) 7-4-2012
Europees Masters Record 55+	2:05.07	Marten de Groot	Zwolle 24-1-2014
Europees Masters Record 60+	2:11.78	Duncan McCreadie	London (GBR) 9-7-2006
Europees Masters Record 65+	2:22.13	Roberto Alberiche	Palma de Mallorca (ESP) 27-1-1996
Europees Masters Record 70+	2:29.72	Rudolf Smerda	Ceska Lipa (CZE) 29-9-2013
Europees Masters Record 75+	2:38.97	Werner Schnabel	Dachau (GER) 11-2-2012
Europees Masters Record 80+	2:45.24	Roberto Alberiche	Castellon (ESP) 28-1-2012
Europees Masters Record 20+			
Europees Masters Record 25+	2:01.89	Caroline Saxby	Sheffield (GBR) 29-10-2011
Europees Masters Record 30+	2:03.91	Caroline Saxby	Sheffield (GBR) 26-10-2013
Europees Masters Record 35+	2:04.92	Laura Roca	Pontevedra (ESP) 20-2-2015
Europees Masters Record 40+	2:07.64	Kirsten Cameron	Jersey (GBR) 13-9-2014
Europees Masters Record 45+	2:10.47	Barbara Kehbein	Flensburg (GER) 15-2-2014
Europees Masters Record 50+	2:11.35	Marie Fuzzati	Rennes (FRA) 28-3-2015
Europees Masters Record 55+	2:25.43	Susanna Sordelli	Roma (ITA) 27-4-2013
Europees Masters Record 60+	2:31.69	Conny Boer-Buys	Vlaardingen 23-1-2010
Europees Masters Record 65+	2:44.02	Christel Schulz	Hildesheim (GER) 23-9-2005
Europees Masters Record 70+	2:47.82	Christel Schulz	Hildesheim (GER) 24-9-2010
Europees Masters Record 75+	2:57.19	Jane Asher	Heron (GBR) 2-4-2006
Europees Masters Record 80+	3:01.61	Jane Asher	Guildford (GBR) 25-6-2011
Nederlands Masters Record 20+	1:52.93	Kevin Eltink	Heerenveen 21-2-2015
Nederlands Masters Record 25+	1:56.21	Stefan Oosting	Eindhoven 11-12-2010
Nederlands Masters Record 30+	1:56.59	Edwin van Norden	Lelystad 15-3-1997
Nederlands Masters Record 35+	1:53.66	Edwin van Norden	Breda 25-1-1998
Nederlands Masters Record 40+	1:58.17	Edwin van Norden	Zuidbroek 15-11-2003
Nederlands Masters Record 45+	2:01.79	Edwin van Norden	Papendrecht 29-11-2009
Nederlands Masters Record 50+	2:04.85	Cees van Houwelingen	Nijverdal 25-1-2013
Nederlands Masters Record 55+	2:05.07	Marten de Groot	Zwolle 24-1-2014
Nederlands Masters Record 60+	2:21.65	Donald Uijtenbogaart	Best 27-9-2009
Nederlands Masters Record 65+	2:26.47	Ale van der Veen	Zwolle 24-1-2014
Nederlands Masters Record 70+	2:33.73	Nic Geers	Eindhoven 31-10-2009
Nederlands Masters Record 75+	2:51.74	Nic Geers	Zwolle 24-1-2014
Nederlands Masters Record 80+	3:39.41	Broer Lamers	Almere 12-11-2000
Nederlands Masters Record 20+	2:07.44	Stephanie Rombout	Vlissingen 24-1-2009
Nederlands Masters Record 25+	2:07.22	Marlies Reinders	Heerenveen 21-1-2011
Nederlands Masters Record 30+	2:06.96	Tamara van Gorkom	Winterswijk 22-1-2005
Nederlands Masters Record 35+	2:13.85	Janneke Harmsen	Terneuzen 27-1-2012
Nederlands Masters Record 40+	2:17.34	Grith Sigsgaard	Zwolle 24-1-2014
Nederlands Masters Record 45+	2:17.15	Atie Pijtak	Winterswijk 4-5-2002
Nederlands Masters Record 50+	2:20.93	Atie Pijtak	Lelystad 17-3-2007
Nederlands Masters Record 55+	2:28.05	Atie Pijtak-Radersma	Nijverdal 25-1-2013

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Nederlands Masters Record 60+	2:31.69	Conny Boer-Buys	Vlaardingen	23-1-2010
Nederlands Masters Record 65+	2:40.57	Conny Boer-Buijs	Breda	8-11-2015
Nederlands Masters Record 70+	3:06.86	Lottie Geurts	Emmeloord	21-1-2006
Nederlands Masters Record 75+	3:18.83	Lottie Geurts	Deurne	10-4-2011
Nederlands Masters Record 80+	3:37.54	Lottie Geurts	Heerenveen	23-1-2015

rang naam	vereniging	intijd	klasse	tijd	50m	100m	150m	200m
H20+, Heren								
1. Jeffrey Appel	WZ&PC Purmerend	1:58.70	199200027	2:01.05	26.86	30.05	32.11	32.03
2. Hans Stoffers	Z&PC Triton Putten	2:12.22	199604027	2:15.88	31.15	34.76	35.60	34.37
3. Bob Potkamp	Deltasteur	2:53.38	199403189	2:52.65 *	35.49	41.15	45.78	50.23
<i>Backup tijd</i>								
4. Matthijs van Doorn	Het Ravijn	2:49.45	199207231	3:03.18	40.37	46.24	48.21	48.36

D20+, Dames								
1. Fraukje Puts	HZ&PC Heerenveen	2:14.88	199206470	2:14.30	32.06	34.81	33.62	33.81
2. Beau Rijpers	Swol 1894	2:20.13	199402638	2:17.93	31.68	34.74	35.63	35.88
3. Sigrit Aarten	Deltasteur	2:17.77	199302868	2:24.18	32.39	36.15	38.09	37.55
4. Getrude Corporaal	ZVZwartsluis	2:24.81	199200380	2:37.38	35.02	39.61	41.16	41.59
5. Heleen ten Have	SG Inktvis/De Pinquin	2:42.05	199403000	2:39.51	35.69	40.01	42.64	41.17
6. Rebecca van Eeren	Scom	2:44.13	199306910	2:39.77	36.76	40.30	41.65	41.06
7. Ilse Blankvoort	Steenwijk 1934	2:39.13	199204458	2:45.03	37.27	41.07	43.06	43.63
8. Nadieh Kikstra	Orca	2:59.16	199302794	2:51.64	39.53	43.65	44.94	43.52
9. Joanne Berg van den	Deltasteur	3:00.00	199200104	2:54.89	39.40	44.60	47.23	43.66
10. Annemiek van Veen	Dedemsvaart-AC	3:16.88	199305566	3:14.24	44.08	48.47	51.12	50.57

H25+, Heren								
1. Kevin Eltink	Dwk	1:51.73	199100589	1:53.38	25.57	28.11	29.81	29.89
<i>NMR</i>								
2. Sjoerd Boertien	De Houtrib	2:06.32	199000305	2:09.38	28.86	32.51	33.87	34.14
3. Mark Godwaldt	Psv	2:21.90	198701039	2:25.05	33.08	36.26	38.68	37.03
4. Dennis Kraakman	Daw	2:31.00	198705325	2:29.40	32.79	37.83	40.35	38.43
5. Albert Dijkstra	De Forel	2:26.11	198700711	2:35.81	33.32	39.34	41.57	41.58
6. Wesley Determann	Zwemvereniging Hooglar	2:36.34	198806107	2:41.59	34.37	40.35	44.35	42.52
7. Jordie Bats	Deltasteur	3:11.99	198906869	3:09.35	41.27	48.47	51.68	47.93

D25+, Dames								
1. Maaïke Vooren	Daw	2:11.59	199103324	2:13.82	31.38	33.71	34.45	34.28
2. Laura van den Berg	Swol 1894	2:28.11	199100206	2:22.56	32.79	36.33	37.07	36.37
3. Liesbeth van Mill	Dwk	2:40.07	198702786	2:33.70	35.14	38.63	39.60	40.33
4. Lonneke Oenema	Steenwijk 1934	2:43.92	199102314	2:35.90	34.77	39.29	40.83	41.01
5. Désirée Hulsmeyer	Het Ravijn	2:29.28	199001656	2:43.42	36.14	41.15	43.34	42.79
6. Manouk Ticheler	De Duinkickers	2:45.00	198705416	2:49.19	36.17	42.30	45.61	45.11
7. Petra Zandstra	Isis	2:55.69	199006248	2:51.65	38.58	44.16	45.40	43.51
8. Rosemarie Veerkamp	Zuiderzeezwemmers	3:04.66	198706092	3:05.06	41.92	47.13	49.83	46.18

H30+, Heren								
1. Lauren Vis	Steenwijk 1934	2:04.11	198201883	2:03.04	27.46	31.28	32.32	31.98
2. Mark Brinkhuis	TriVia	2:40.83	198302609	2:43.40	37.19	41.53	42.65	42.03

D30+, Dames								
1. Jorien Doets	WS Twente	2:45.00	198605306	2:23.37	32.06	35.48	37.48	38.35

H35+, Heren								
1. Michiel Beemster	WS Twente	2:04.37	198000063	2:04.55	28.41	31.02	32.49	32.63
2. Marcel Reefhuis	WS Twente	2:09.25	198101381	2:09.05	29.72	32.26	33.41	33.66
3. Jeroen Dellebeke	Dwk	2:39.45	198100353	2:20.63	30.98	35.51	37.33	36.81
4. Michiel Brinkman	Daw	2:20.00	198001991	2:21.76	31.93	35.86	37.28	36.69
5. Patrick Roozeboom	WS Twente	2:25.00	197701643	2:22.30	34.17	36.63	35.72	35.78
6. René Beens	Deltasteur	2:34.87	197800045	2:33.25	35.28	38.22	39.92	39.83
7. Han Boone	Octopus	2:40.00	197701319	2:43.94	35.92	40.23	43.17	44.62

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D35+, Dames

1. Eveline Hacquebord	Ijzpc	2:38.54	197901206	2:36.28	35.04	39.23	40.94	41.07
2. Babette Rens	Swol 1894	2:50.00	197801200	2:53.04	38.50	42.44	45.18	46.92
3. Fabiola Bosman	Deltasteur	2:47.62	197701148	2:54.32	39.13	43.64	46.23	45.32

H40+, Heren

1. Machiel Stolk	Swol 1894	2:22.89	197400779	2:18.26	31.41	33.71	36.01	37.13
2. Erwin Zuidervelt	De Futen	2:16.20	197501015	2:18.95	30.57	34.67	36.40	37.31
3. Kees Bakker	Gay Swim Amsterdam	2:22.00	197501055	2:20.32	32.18	35.14	36.10	36.90
4. Heiner Stevens	Zignea	2:21.12	197201299	2:27.34	32.08	36.06	38.84	40.36
5. Gerard Eghuizen	HZ&PC Heerenveen	2:25.24	197400197	2:34.98	33.58	38.01	41.09	42.30
6. Jeroen Tebbens	Ijzpc	3:09.58	197601405	3:22.25	42.91	49.26	53.53	56.55

D40+, Dames

1. Evelien van Klaarbergen	HZ&PC Heerenveen	2:26.95	197200964	2:27.18	34.02	37.49	38.03	37.64
2. Marty Krans-de Weerd	Zcnf'34	2:23.33	197500604	2:28.41	34.18	38.30	39.28	36.65
3. Jannie Vennik	HZ&PC Heerenveen	2:42.28	197601006	2:40.46	36.92	40.46	42.19	40.89
4. Marleen Prins	De Fuut	3:21.66	197300864	3:27.48	45.22	50.53	55.46	56.27

H45+, Heren

1. Jan Lindenaar	Uzsc	2:28.00	196701623	2:20.21	31.02	35.21	36.80	37.18
2. Greg Barwell	Uzsc	2:30.00	196801629	2:23.56	32.42	35.70	38.35	37.09
3. Hans Schoenmakers	Daw	2:26.95	196900863	2:29.77	33.78	37.79	39.65	38.55
4. Gerco Schakel	Dwk	2:37.35	196900849	2:35.49	35.54	39.65	40.83	39.47
5. Gerhard Knol	De Aalscholver	2:33.50	197100483	2:37.82	35.57	39.99	42.01	40.25
6. Marcel Brittijn	De Duinkickers	2:42.65	196900159	2:39.02	34.96	40.95	43.47	39.64
7. Arnold Jonker	HZ&PC Heerenveen	2:56.00	197000529	2:54.27	40.87	43.62	45.21	44.57
8. Martijn de Jong	Dwk	2:40.00	197101659	2:56.23	36.07	42.57	47.93	49.66
9. Eric van den Blink	De Houtrib	3:00.15	197001667	3:07.27	40.94	48.15	50.81	47.37
DIS Huyb Stegeman	Steenwijk 1934	2:31.55	196701535		34.77	38.53	40.00	

AA - Te vroeg weg of bewogen bij start.

D45+, Dames

1. Annette de Visser	Oceanus	2:22.64	197100602	2:22.74	32.52	35.81	36.94	37.47
2. Caroline Schreuder	Triton	2:35.81	196700550	2:37.28	35.34	40.29	41.44	40.21
3. Marion Broekhuis	WS Twente	2:40.27	196800060	2:42.09	37.78	40.95	42.35	41.01
4. Annet Kootstra	Swol 1894	2:46.97	197100344	2:50.07	39.23	43.50	44.12	43.22
5. Ingeborg Stokx	Daw	2:55.09	196700666	2:55.11	39.28	44.33	46.35	45.15
6. Greta Wyma-Teitsma	Dwk	3:04.60	197100696	3:09.13	41.82	48.75	50.77	47.79
DIS Karin Schulte	ZC Polaris	3:14.28	197101004		44.57	51.62	54.86	

AA - Te vroeg weg of bewogen bij start.

H50+, Heren

1. Jan Wierenga	De Aalscholver	2:25.87	196400843	2:30.57	35.53	38.97	38.81	37.26
2. Jack Barends	WS Twente	2:44.32	196201011	2:42.56	37.26	41.29	42.59	41.42
3. Lambert Morsink	Triton	2:49.00	196501427	2:52.06	38.70	42.71	45.10	45.55
4. René Speelman	De Spatters	2:47.17	196601521	2:53.86	38.00	42.61	45.86	47.39
5. Rene Bakker	De Forel	2:51.06	196501245	2:54.04	37.80	43.26	47.49	45.49
6. Perry Dekker	ZV De Bron	3:20.08	196201081	3:19.22	44.08	51.82	53.25	50.07
7. Henk Viering	Swol 1894	3:15.42	196600917	3:21.90	45.11	51.68	52.86	52.25
8. Roel van der Schee	De Houtrib	3:40.00	196301389	3:44.38	42.38	53.42	1:04.03	1:04.55
DIS Adria Pasman	Zuiderzeezwemmers	3:06.57	196400573		37.95	43.77	47.73	

AA - Te vroeg weg of bewogen bij start.

D50+, Dames

1. Emmy in 't Veldt	TriVia	2:37.33	196600648	2:41.02	36.25	40.53	43.09	41.15
2. Francine Sommer	Triton	2:45.51	196200384	2:42.76	35.84	40.80	43.32	42.80
3. Jeanette Ghatas	ZV De Zaan	3:06.86	196300552	3:08.49 *	42.37	47.51	49.71	48.90
<i>Backup tijd</i>								
4. Remona Dekker	ZV De Bron	3:13.57	196600620	3:16.88	45.57	47.64	52.10	51.57

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H55+, Heren

1. Marius Ros	Zcnf'34	2:24.88	195900779	2:29.44	34.98	37.34	38.30	38.82
2. Rob Hartog	ZV De Zaan	2:53.33	195800729	2:52.76	38.90	43.99	46.09	43.78
3. Herbert Katgert	WS Twente	3:02.97	195900739	2:59.24	39.66	45.58	49.46	44.54
4. Jan Haitzma	De Spatters	3:06.03	196000929	3:04.00	41.71	47.36	48.62	46.31
5. John Tersteeg	De Fuut	2:57.89	196001039	3:04.89	42.29	47.54	48.16	46.90
6. Aris Jan van Ek	Ijzpc	3:15.48	196100125	3:24.25	43.76	50.37	55.27	54.85

D55+, Dames

1. Jennie Resink-lindeboom	Dwk	3:05.58	196000142	3:02.39	42.58	46.54	47.66	45.61
2. Pia van der Molen	HZ&PC Heerenveen	3:04.76	196000116	3:09.40	42.42	47.34	50.16	49.48
3. Gea Kuiper	Zcnf'34	3:30.56	196100104	3:38.76	50.09	56.03	57.54	55.10
4. B. Klompmaker-Mulder	Noord Veluwe	3:44.17	195900200	3:41.92	49.25	56.02	59.30	57.35
5. W. Schoenmaker-ter Vee	Dwk	3:55.00	195900254	4:15.04	50.97	1:03.40	1:09.34	1:11.33

H60+, Heren

1. Ron van der Zande	De Aalscholver	2:40.51	195500307	2:44.30	36.21	43.18	43.90	41.01
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D60+, Dames

1. Monica Bakker	ZVZwartsluis	2:54.61	195600082	2:53.46	40.06	44.22	45.10	44.08
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H65+, Heren

1. Jos Kamps	Zwemvereniging Hooglar	2:56.42	195100085	2:56.41	38.95	45.52	47.39	44.55
2. Mans Buis	Het Ravijn	3:36.16	194700133	3:35.78	47.99	52.61	58.19	56.99
3. Henk Oostendorp	ZV De Bron	3:45.74	194800093	3:42.70	49.69	55.91	59.62	57.48

D65+, Dames

1. Christien Nieuwenhuis	Swol 1894	2:53.00	195100022	2:47.28	37.65	43.07	43.38	43.18
2. A. Gilding-Tussaud	WS Twente	4:00.36	195000038	3:49.30	50.11	59.29	1:01.91	57.99

H75+, Heren

1. Gregor Pompen	Aqua-Novio '94	3:37.00	193700021	3:36.17	50.25	55.28	56.96	53.68
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