

Programmanr. 21
 5-6-2016 - 14:05

Dames, 200m rugslag

 Senioren Open
 Resultaten

Rang	Naam	Vereniging	Inschrijftijd	Startnummer	Eindtijd
Junioren 1					
1.	Loïs Jalving	HZ&PC Heerenveen	3:06.66	200400280	3:02.55
	50m: 43.25 100m: 1:29.22 150m: 2:17.38 200m: 3:02.55				
2.	Amber Boomsma	HZ&PC Heerenveen	3:09.28	200401416	3:04.77
	50m: 43.18 100m: 1:29.59 150m: 2:18.40 200m: 3:04.77				
3.	Marieke Speijer	Bubble	3:19.94	200401154	3:20.90
	50m: 47.99 100m: 1:39.19 150m: 2:31.20 200m: 3:20.90				
4.	Frida Pafforaad	Avena	3:31.05	200402098	3:21.43
	50m: 48.51 100m: 1:40.32 150m: 2:33.01 200m: 3:21.43				
5.	Anouk Hoekstra	HZ&PC Heerenveen	3:29.07	200402758	3:29.04
	50m: 50.42 100m: 1:43.95 150m: 2:37.22 200m: 3:29.04				
6.	Soraya van der Laan	Aqualero	3:30.50	200400926	3:30.71 *
	50m: 50.31 100m: 1:43.24 150m: 2:38.08 200m: 3:30.71				
7.	Guusje Kroeze	SG Inktvis/De Pinquin	3:24.35	200403778	3:33.34
	50m: 49.22 100m: 1:44.66 150m: 2:41.89 200m: 3:33.34				
8.	Amelina Stevens	SG Inktvis/De Pinquin	3:33.42	200402740	3:40.68 *
	50m: 51.32 100m: 1:47.78 150m: 2:45.60 200m: 3:40.68				
NG	Aletta Nagy	De Kikker	3:23.82	200403036	
Junioren 2					
1.	Chäira Scholte	SG Inktvis/De Pinquin	2:58.20	200304478	2:51.08
	50m: 40.20 100m: 1:24.36 150m: 2:08.62 200m: 2:51.08				
2.	Ilse Wals	ZC Borger	2:57.73	200303502	2:51.20
	50m: 41.42 100m: 1:25.08 150m: 2:09.14 200m: 2:51.20				
3.	Marieke Wind	NOVA	3:01.96	200300178	2:57.25
	50m: 41.41 100m: 1:27.72 150m: 2:14.36 200m: 2:57.25				
4.	Lotte-Lynn Sterken	De Kikker	3:05.07	200301342	2:58.59
	50m: 41.56 100m: 1:27.08 150m: 2:13.96 200m: 2:58.59				
5.	Lynke de Haan	SG Inktvis/De Pinquin	3:11.91	200301688	3:03.43
	50m: 42.60 100m: 1:27.93 150m: 2:16.37 200m: 3:03.43				
6.	Myrthe Winkels	TriVia	3:10.70	200300212	3:04.14
	50m: 45.18 100m: 1:32.23 150m: 2:19.94 200m: 3:04.14				
7.	Alja Sluiman	Aqualero	3:22.99	200300562	3:19.78
	50m: 47.12 100m: 1:38.70 150m: 2:30.92 200m: 3:19.78				
Junioren 3					
1.	Ielan van Meerlo	Wetterwille	2:58.17	200201098	2:50.28
	50m: 40.17 100m: 1:23.26 150m: 2:07.01 200m: 2:50.28				
2.	Ilse van der Kooi	De Granaet	2:53.31	200202150	2:54.42
	50m: 41.73 100m: 1:26.96 150m: 2:11.78 200m: 2:54.42				
3.	Sanne Kloezen	ZPC Stadskanaal	2:55.46	200204644	2:56.88
	50m: 42.55 100m: 1:29.05 150m: 2:14.83 200m: 2:56.88				
4.	Chayenne Battjes	SG Inktvis/De Pinquin	3:01.89	200200092	2:59.46
	50m: 43.01 100m: 1:28.66 150m: 2:15.27 200m: 2:59.46				
5.	Lotte van Hof	De Granaet	2:58.52	200202640	3:00.30
	50m: 41.91 100m: 1:27.75 150m: 2:14.82 200m: 3:00.30				

Programmanr. 21, Meisjes, 200m rugslag, Junioren 3

Rang	Naam	Vereniging	Inschrijftijd	Startnummer	Eindtijd
6.	Roeliene Bouwman	De Spatters	3:15.41	200205106	3:00.87
	50m: 43.69 100m: 1:29.46 150m: 2:16.06 200m: 3:00.87				
7.	Alicia van der Gaast	TriVia	3:10.68	200205036	3:04.36
	50m: 43.74 100m: 1:30.37 150m: 2:17.36 200m: 3:04.36				
8.	Leonique Spierenburg	De Valken	3:22.99	200204354	3:07.98
	50m: 45.00 100m: 1:32.88 150m: 2:21.74 200m: 3:07.98				
AFGEM	Laura Noord	De Wellerobben	3:19.57	200202568	

Jeugd 1 en 2

1.	Liza Scheenstra	F.Z.C. '54	2:50.88	200104276	2:50.32
	50m: 40.12 100m: 1:23.37 150m: 2:07.10 200m: 2:50.32				
2.	Irana Remmelts	Aqua '68	2:49.04	200102486	2:50.36
	50m: 39.22 100m: 1:22.37 150m: 2:07.06 200m: 2:50.36				
3.	Laura Altena	TriVia	2:53.42	200102302	2:50.52
	50m: 40.46 100m: 1:24.47 150m: 2:08.59 200m: 2:50.52				
4.	Sarah Bruggenkamp	Aqua '68	2:56.44	200100054	2:51.64
	50m: 40.05 100m: 1:23.78 150m: 2:08.43 200m: 2:51.64				
5.	Anouk Bak	TriVia	2:53.80	200101854	2:53.33
	50m: 41.66 100m: 1:25.66 150m: 2:11.29 200m: 2:53.33				
6.	Tanja Buwalda	SG Bolsward-Workum	2:53.90	200000424	2:53.55
	50m: 40.58 100m: 1:24.70 150m: 2:09.72 200m: 2:53.55				
7.	Daphne Outhuijse	De Vikings	2:59.76	200003582	2:54.79
	50m: 40.54 100m: 1:25.19 150m: 2:11.15 200m: 2:54.79				
8.	Lot Burgstra	TriVia	2:54.34	200103294	2:56.64 *
	50m: 41.77 100m: 1:26.65 150m: 2:11.75 200m: 2:56.64				
9.	Barbara Venema	Orca	2:55.28	200005118	2:57.27
	50m: 40.72 100m: 1:25.51 150m: 2:12.21 200m: 2:57.27				
10.	Pascale Everts	Aqua '68	2:55.46	200005510	2:59.88
	50m: 41.59 100m: 1:27.36 150m: 2:14.20 200m: 2:59.88				

Senioren 1 en ouder

1.	Marle Sewuster	Moby Dick	2:47.85	199804104	2:42.16
	50m: 38.86 100m: 1:19.77 150m: 2:01.98 200m: 2:42.16				
2.	Lianne Bolhuis	ZENO	2:45.01	199705656	2:44.78
	50m: 38.42 100m: 1:19.91 150m: 2:02.74 200m: 2:44.78				
3.	Jose Emmink	ZPC Hoogeveen	2:44.61	199902446	2:46.31
	50m: 39.79 100m: 1:21.32 150m: 2:04.33 200m: 2:46.31				
4.	Marijke Drent	NOVA	2:48.42	199906232	2:48.40
	50m: 39.25 100m: 1:22.07 150m: 2:06.52 200m: 2:48.40				
5.	Daniek Platje	SG Inktvis/De Pinquin	3:00.08	199800226	2:49.59
	50m: 40.78 100m: 1:23.79 150m: 2:06.87 200m: 2:49.59				
6.	Corina van Zanten	Aqualero	3:01.05	199903566	2:57.11
	50m: 42.57 100m: 1:27.40 150m: 2:13.30 200m: 2:57.11				
7.	Laura Wolbers	De Valken	3:02.78	199700042	2:57.28
	50m: 42.38 100m: 1:27.49 150m: 2:13.85 200m: 2:57.28				
8.	Leonie Boonstra	Aqua '68	3:00.96	199401324	3:02.49
	50m: 42.17 100m: 1:28.37 150m: 2:16.04 200m: 3:02.49				
9.	Margriet Bieze	TriVia	2:55.81	199900508	3:06.23
	50m: 45.37 100m: 1:32.59 150m: 2:22.08 200m: 3:06.23				

Programmanr. 21, Dames, 200m rugslag, Senioren 1 en ouder

Rang	Naam	Vereniging	Inschrijftijd	Startnummer	Eindtijd
10.	Suzanne Mulder	GZVW	3:17.01	199307820	3:19.02
	50m: 47.63	100m: 1:37.48	150m: 2:28.49	200m: 3:19.02	
11.	Mirte Drijfhout	ZENO	3:12.78	199000912	3:21.90
	50m: 47.53	100m: 1:40.89	150m: 2:32.71	200m: 3:21.90	
DIS	Rebecca Dassen	ZC Polaris	2:58.84	199905474	*
	<i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i>				
	50m: 42.61	100m: 1:28.36	150m: 2:16.31	200m:	
NG	Esmée Schlepers	MZ&PC De Reest	3:11.13	199902080	
NG	Danique Schulte	ZC Polaris	2:52.46	199802364	

Over-all

1.	Marle Sewuster	Moby Dick	2:47.85	199804104	2:42.16
	50m: 38.86	100m: 1:19.77	150m: 2:01.98	200m: 2:42.16	
2.	Lianne Bolhuis	ZENO	2:45.01	199705656	2:44.78
	50m: 38.42	100m: 1:19.91	150m: 2:02.74	200m: 2:44.78	
3.	Jose Emmink	ZPC Hoozeveen	2:44.61	199902446	2:46.31
	50m: 39.79	100m: 1:21.32	150m: 2:04.33	200m: 2:46.31	
4.	Marijke Drent	NOVA	2:48.42	199906232	2:48.40
	50m: 39.25	100m: 1:22.07	150m: 2:06.52	200m: 2:48.40	
5.	Daniek Platje	SG Inktvis/De Pinquin	3:00.08	199800226	2:49.59
	50m: 40.78	100m: 1:23.79	150m: 2:06.87	200m: 2:49.59	
6.	Ielan van Meerlo	Wetterwille	2:58.17	200201098	2:50.28
	50m: 40.17	100m: 1:23.26	150m: 2:07.01	200m: 2:50.28	
7.	Liza Scheenstra	F.Z.C. '54	2:50.88	200104276	2:50.32
	50m: 40.12	100m: 1:23.37	150m: 2:07.10	200m: 2:50.32	
8.	Irana Remmelts	Aqua '68	2:49.04	200102486	2:50.36
	50m: 39.22	100m: 1:22.37	150m: 2:07.06	200m: 2:50.36	
9.	Laura Altena	TriVia	2:53.42	200102302	2:50.52
	50m: 40.46	100m: 1:24.47	150m: 2:08.59	200m: 2:50.52	
10.	Chaira Scholte	SG Inktvis/De Pinquin	2:58.20	200304478	2:51.08
	50m: 40.20	100m: 1:24.36	150m: 2:08.62	200m: 2:51.08	
11.	Ilse Wals	ZC Borger	2:57.73	200303502	2:51.20
	50m: 41.42	100m: 1:25.08	150m: 2:09.14	200m: 2:51.20	
12.	Sarah Bruggenkamp	Aqua '68	2:56.44	200100054	2:51.64
	50m: 40.05	100m: 1:23.78	150m: 2:08.43	200m: 2:51.64	
13.	Anouk Bak	TriVia	2:53.80	200101854	2:53.33
	50m: 41.66	100m: 1:25.66	150m: 2:11.29	200m: 2:53.33	
14.	Tanja Buwalda	SG Bolsward-Workum	2:53.90	200000424	2:53.55
	50m: 40.58	100m: 1:24.70	150m: 2:09.72	200m: 2:53.55	
15.	Ilse van der Kooi	De Granaet	2:53.31	200202150	2:54.42
	50m: 41.73	100m: 1:26.96	150m: 2:11.78	200m: 2:54.42	
16.	Daphne Othuijse	De Vikings	2:59.76	200003582	2:54.79
	50m: 40.54	100m: 1:25.19	150m: 2:11.15	200m: 2:54.79	
17.	Lot Burgstra	TriVia	2:54.34	200103294	2:56.64 *
	50m: 41.77	100m: 1:26.65	150m: 2:11.75	200m: 2:56.64	
18.	Sanne Kloezen	ZPC Stadskanaal	2:55.46	200204644	2:56.88
	50m: 42.55	100m: 1:29.05	150m: 2:14.83	200m: 2:56.88	
19.	Corina van Zanten	Aqualero	3:01.05	199903566	2:57.11
	50m: 42.57	100m: 1:27.40	150m: 2:13.30	200m: 2:57.11	

Programmanr. 21, Dames, 200m rugslag, Over-all

Rang	Naam	Vereniging	Inschrijftijd	Startnummer	Eindtijd
20.	Marieke Wind 50m: 41.41 100m: 1:27.72 150m: 2:14.36 200m: 2:57.25	NOVA	3:01.96	200300178	2:57.25
21.	Barbara Venema 50m: 40.72 100m: 1:25.51 150m: 2:12.21 200m: 2:57.27	Orca	2:55.28	200005118	2:57.27
22.	Laura Wolbers 50m: 42.38 100m: 1:27.49 150m: 2:13.85 200m: 2:57.28	De Valken	3:02.78	199700042	2:57.28
23.	Lotte-Lynn Sterken 50m: 41.56 100m: 1:27.08 150m: 2:13.96 200m: 2:58.59	De Kikker	3:05.07	200301342	2:58.59
24.	Chayenne Battjes 50m: 43.01 100m: 1:28.66 150m: 2:15.27 200m: 2:59.46	SG Inktvis/De Pinquin	3:01.89	200200092	2:59.46
25.	Pascale Everts 50m: 41.59 100m: 1:27.36 150m: 2:14.20 200m: 2:59.88	Aqua '68	2:55.46	200005510	2:59.88
26.	Lotte van Hof 50m: 41.91 100m: 1:27.75 150m: 2:14.82 200m: 3:00.30	De Granaet	2:58.52	200202640	3:00.30
27.	Roeliene Bouwman 50m: 43.69 100m: 1:29.46 150m: 2:16.06 200m: 3:00.87	De Spatters	3:15.41	200205106	3:00.87
28.	Leonie Boonstra 50m: 42.17 100m: 1:28.37 150m: 2:16.04 200m: 3:02.49	Aqua '68	3:00.96	199401324	3:02.49
29.	Loïs Jalving 50m: 43.25 100m: 1:29.22 150m: 2:17.38 200m: 3:02.55	HZ&PC Heerenveen	3:06.66	200400280	3:02.55
30.	Lynke de Haan 50m: 42.60 100m: 1:27.93 150m: 2:16.37 200m: 3:03.43	SG Inktvis/De Pinquin	3:11.91	200301688	3:03.43
31.	Myrthe Winkels 50m: 45.18 100m: 1:32.23 150m: 2:19.94 200m: 3:04.14	TriVia	3:10.70	200300212	3:04.14
32.	Alicia van der Gaast 50m: 43.74 100m: 1:30.37 150m: 2:17.36 200m: 3:04.36	TriVia	3:10.68	200205036	3:04.36
33.	Amber Boomsma 50m: 43.18 100m: 1:29.59 150m: 2:18.40 200m: 3:04.77	HZ&PC Heerenveen	3:09.28	200401416	3:04.77
34.	Margriet Bieze 50m: 45.37 100m: 1:32.59 150m: 2:22.08 200m: 3:06.23	TriVia	2:55.81	199900508	3:06.23
35.	Leonique Spierenburg 50m: 45.00 100m: 1:32.88 150m: 2:21.74 200m: 3:07.98	De Valken	3:22.99	200204354	3:07.98
36.	Suzanne Mulder 50m: 47.63 100m: 1:37.48 150m: 2:28.49 200m: 3:19.02	GZVW	3:17.01	199307820	3:19.02
37.	Alja Sluiman 50m: 47.12 100m: 1:38.70 150m: 2:30.92 200m: 3:19.78	Aqualero	3:22.99	200300562	3:19.78
38.	Marieke Speijer 50m: 47.99 100m: 1:39.19 150m: 2:31.20 200m: 3:20.90	Bubble	3:19.94	200401154	3:20.90
39.	Frida Pafforaad 50m: 48.51 100m: 1:40.32 150m: 2:33.01 200m: 3:21.43	Avena	3:31.05	200402098	3:21.43
40.	Mirte Drijfhout 50m: 47.53 100m: 1:40.89 150m: 2:32.71 200m: 3:21.90	ZENO	3:12.78	199000912	3:21.90
41.	Anouk Hoekstra 50m: 50.42 100m: 1:43.95 150m: 2:37.22 200m: 3:29.04	HZ&PC Heerenveen	3:29.07	200402758	3:29.04
42.	Soraya van der Laan 50m: 50.31 100m: 1:43.24 150m: 2:38.08 200m: 3:30.71	Aqualero	3:30.50	200400926	3:30.71 *
43.	Guusje Kroeze 50m: 49.22 100m: 1:44.66 150m: 2:41.89 200m: 3:33.34	SG Inktvis/De Pinquin	3:24.35	200403778	3:33.34

Programmanr. 21, Dames, 200m rugslag, Over-all

Rang	Naam	Vereniging	Inschrijftijd	Startnummer	Eindtijd
44.	Amelina Stevens	SG Inktvis/De Pinquin	3:33.42	200402740	3:40.68 *
	50m: 51.32 100m: 1:47.78 150m: 2:45.60 200m: 3:40.68				
DIS	Rebecca Dassen	ZC Polaris	2:58.84	199905474	*
	<i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i>				
	50m: 42.61 100m: 1:28.36 150m: 2:16.31 200m:				
AFGEM	Laura Noord	De Wellerobben	3:19.57	200202568	
NG	Esmée Schlepers	MZ&PC De Reest	3:11.13	199902080	
NG	Danique Schulte	ZC Polaris	2:52.46	199802364	
NG	Aletta Nagy	De Kikker	3:23.82	200403036	