



Minioren Circuit deel 1
Heerenveen, 26-9-2020



Programmanr. 18
26-9-2020 - 18:50

Jongens, 400m vrije slag

Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Finn Eghuizen	HZ&PC Heerenveen	6:29.04	200900431	5:56.14
	50m: 40.98	40.98 150m:	250m:	350m:	
	100m: 1:25.76	44.78 200m: 2:58.01	300m:	400m: 5:56.14	
2.	Yorre van der Wal	HZ&PC Heerenveen	NT	201000017	6:20.64
	50m: 43.12	43.12 150m:	250m:	350m:	
	100m: 1:30.81	47.69 200m: 3:08.28	300m:	400m: 6:20.64	
3.	Jorick Johannes	HZ&PC Heerenveen	NT	201000403	6:27.66
	50m: 42.77	42.77 150m:	250m:	350m:	
	100m: 1:37.78	48.01 200m: 3:12.01	300m:	400m: 6:27.66	
4.	Jelte Ruitenberg	HZ&PC Heerenveen	6:57.34	200900013	6:36.11
	50m: 44.90	44.90 150m:	250m:	350m:	
	100m: 1:34.33	49.43 200m: 3:15.24	300m:	400m: 6:36.11	
5.	Pieter de Boer	SG. Bolsward-Workum	6:43.50	200900103	6:39.43
	50m: 45.75	45.75 150m:	250m:	350m:	
	100m: 1:37.79	52.04 200m: 3:23.31	300m:	400m: 6:39.43	
6.	Raoul Melein	Avéna	7:23.49	200900473	6:39.57
	50m: 39.96	39.96 150m:	250m:	350m:	
	100m: 1:28.42	48.46 200m: 3:12.57	300m:	400m: 6:39.57	
7.	Friso Moedt	HZ&PC Heerenveen	6:37.22	200900437	6:41.00
	50m: 45.28	45.28 150m:	250m:	350m:	
	100m: 1:35.03	49.75 200m: 3:18.89	300m:	400m: 6:41.00	
8.	Robin Mintjes	DZ&PC	7:39.62	201000957	6:42.30
	50m: 45.62	45.62 150m:	250m:	350m:	
	100m: 1:36.48	50.86 200m: 3:21.64	300m:	400m: 6:42.30	
9.	Mark van het Meer	HZ&PC Heerenveen	6:51.32	200900435	6:46.30
	50m: 45.78	45.78 150m:	250m:	350m:	
	100m: 1:39.11	53.33 200m: 3:23.88	300m:	400m: 6:46.30	
10.	Roel Meijer	HZ&PC Heerenveen	NT	201000161	6:49.46
	50m: 45.51	45.51 150m:	250m:	350m:	
	100m: 1:37.81	52.30 200m: 3:20.28	300m:	400m: 6:49.46	
11.	Tije Hempenius	HZ&PC Heerenveen	6:51.78	200901365	6:51.34
	50m: 46.50	46.50 150m:	250m:	350m:	
	100m: 1:38.87	52.37 200m: 3:24.75	300m:	400m: 6:51.34	
12.	Victor de Haan	HZ&PC Heerenveen	NT	201001921	7:01.46
	50m: 48.10	48.10 150m:	250m:	350m:	
	100m: 1:39.54	51.44 200m: 3:25.97	300m:	400m: 7:01.46	
13.	Stijn Dijkstra	DZ&PC	NT	201000279	7:01.81
	50m: 45.93	45.93 150m:	250m:	350m:	
	100m: 1:37.71	51.78 200m: 3:27.46	300m:	400m: 7:01.81	
14.	Jochem van de Vlekkert	SG. Bolsward-Workum	7:17.73	200901351	7:40.29
	50m: 51.10	51.10 150m:	250m:	350m:	
	100m: 1:48.40	57.30 200m: 3:47.34	300m:	400m: 7:40.29	
15.	Luuk de Voogd	SG. Bolsward-Workum	NT	201000055	7:49.73
	50m: 48.47	48.47 150m:	250m:	350m:	
	100m: 1:49.06	1:00.59 200m: 3:49.45	300m:	400m: 7:49.73	
AFGEM	Cas Jonker	HZ&PC Heerenveen	9:03.36	200902687	