



Limietwedstrijd 2
Heerenveen, 1-12-2024

Programmanr. 32
1-12-2024 - 18:25

Dames, 800m vrije slag

Senioren Open
Resultaten

Baanrecords Sportstad Heerenveen 8:45.12 Laura Setz 01-017 Heerenveen 17-11-2018

rang	naam	vereniging	intijd	tijd	RT			
1.	Vera Wassink	Dz&Pc	9:35.69	200604976	9:29.75 +0,68			
	100m: 1:07.33	1:07.33	300m: 3:32.14	1:12.72	500m: 5:55.66	1:12.03	700m: 8:20.13	1:12.06
	200m: 2:19.42	1:12.09	400m: 4:43.63	1:11.49	600m: 7:08.07	1:12.41	800m: 9:29.75	1:09.62
2.	Esmee Ykema	HZ&PC Heerenveen	11:00.91	200801710	9:38.29 +0,76			
	100m: 1:07.13	1:07.13	300m: 3:34.18	1:13.68	500m: 5:59.92	1:12.57	700m: 8:26.70	1:12.52
	200m: 2:20.50	1:13.37	400m: 4:47.35	1:13.17	600m: 7:14.18	1:14.26	800m: 9:38.29	1:11.59
3.	Amber Tiesinga	Dz&Pc	10:06.75	200600782	10:01.36			
	100m: 1:10.00	1:10.00	300m: 3:38.44	1:14.33	500m: 6:10.07	1:16.58	700m: 8:45.48	1:17.40
	200m: 2:24.11	1:14.11	400m: 4:53.49	1:15.05	600m: 7:28.08	1:18.01	800m: 10:01.36	1:15.88
4.	Lobke Hempenius	HZ&PC Heerenveen	10:43.43	201100522	10:12.40 +0,78			
	100m: 1:11.15	1:11.15	300m: 3:46.78	1:17.47	500m: 6:24.30	1:18.88	700m: 9:00.55	1:17.84
	200m: 2:29.31	1:18.16	400m: 5:05.42	1:18.64	600m: 7:42.71	1:18.41	800m: 10:12.40	1:11.85
5.	Nicole Pestman	de Granaet	11:41.39	201000668	11:09.48			
	100m: 1:14.00	1:14.00	300m: 4:03.87	1:25.66	500m: 6:56.98	1:26.99	700m: 9:45.97	1:22.84
	200m: 2:38.21	1:24.21	400m: 5:29.99	1:26.12	600m: 8:23.13	1:26.15	800m: 11:09.48	1:23.51