

ZMC deel 2 2025 Heerenveen
Heerenveen, 15-2-2025

Programmanr. 4
15-2-2025 - 15:45

100m schoolslag

Gebjr 1931 - 2005
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
Masters 20+, Dames								
1.	Luka Stoker	ZPC de Kanaalstreek	1:24.14	200200558	1:25.80		39.92	45.88
2.	Romée Beverdam	WS Twente	1:29.77	200100158	1:29.48		42.38	47.10
3.	Nynke Jansen	Batavia Swim	1:34.97	200404914	1:34.83		44.76	50.07
Masters 25+, Dames								
1.	Carolien Baarda	Z&PC de Inktvis	1:19.35	199704060	1:20.70		37.54	43.16
2.	Mirna Wolters	de Plons	1:41.97	199802046	1:40.35		45.95	54.40
3.	M. Wildeboer-Kok	H2Oldambt	1:43.24	199602674	1:54.91		51.99	1:02.92
4.	Sylvia Hidding	H2Oldambt	1:58.94	199603886	1:57.32		56.82	1:00.50
Masters 25+, Heren								
1.	Laurens Spoelstra	WS Twente	1:15.98	199901273	1:15.87		35.35	40.52
Masters 30+, Heren								
1.	Tom de Lange	Deltasteur	1:16.41	199300303	1:19.48		38.66	40.82
2.	Huub Scholing	SWOL 1894	1:20.25	199301179	1:19.75		37.72	42.03
3.	Patrick Wobben	Steenwijk 1934	1:25.64	199300559	1:27.60		40.03	47.57
4.	Roy Schroten	Zuiderzeezwemmers	1:38.13	199506373	1:32.33		43.44	48.89
Masters 30+, Dames								
1.	N. Wobben-de Vries	Steenwijk 1934	1:32.00	199204328	1:29.19		42.35	46.84
Masters 35+, Heren								
1.	Dennis Wijbenga	Aqua 68	1:15.72	199003283	1:16.82		36.02	40.80
2.	Rene Knijpstra	HZ&PC Heerenveen	1:27.70	198806181	1:32.19		43.38	48.81
Masters 35+, Dames								
1.	Jacyntha Plat	Steenwijk 1934	1:16.78	199002956	1:15.82		35.94	39.88
2.	Karin van Dijk	HZ&PC Heerenveen	1:21.89	198600850	1:29.60		40.75	48.85
Masters 40+, Heren								
1.	Albert van Piekeren	SWOL 1894	1:14.42	198401767	1:14.66		35.02	39.64
2.	Gerwin Vonk	De Spatters	1:24.92	198201907	1:18.46		36.55	41.91
3.	Sander de Velde	Deltasteur	1:34.14	198302165	1:40.30		45.85	54.45
4.	Jan-Willem Koopman	Batavia Swim	NT	198102641	1:43.71		46.99	56.72
Masters 45+, Heren								
1.	Chris Hegeman	TriVia	1:25.00	197601739	1:24.29		37.29	47.00
2.	Tom Bandsma	Psv	1:28.12	197701625	1:30.21		42.40	47.81
3.	Ritsert Boonstra	MSV-Zeemacht	1:32.00	197800139	1:37.20		44.72	52.48
4.	Stefan Witwerts	Ksn (Sg)	NT	197902159	1:48.53		50.93	57.60
Masters 45+, Dames								
1.	Inge Roskam	De Duinkickers	1:29.05	197801296	1:33.42		43.82	49.60
2.	Gea van der Schaaf	Deltasteur	1:40.00	197901558	1:38.32		46.32	52.00
3.	Bianca Oudendijk	Daw	1:51.59	197901122	1:41.47		47.14	54.33
4.	Wendy van Roemburg	Zuiderzeezwemmers	1:55.00	197601214	1:52.26		53.36	58.90
5.	Leonie Scholten	Steenwijk 1934	1:51.80	197901560	1:54.69		53.51	1:01.18

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Masters 50+, Heren

1.	Kees Bakker	Gay Swim Amsterdam	1:13.00	197501055	1:14.86	34.82	40.04
2.	Michael van Bekkum	SWOL 1894	1:18.80	197200051	1:19.26	36.54	42.72
3.	Heiner Stevens	Zignea	1:27.10	197201299	1:24.88	40.27	44.61
4.	Gerhard Knol	ZV De Aalscholver	1:26.27	197100483	1:24.91	39.90	45.01

Masters 50+, Dames

1.	Esther ten Kate	Avena	1:34.00	197100310	1:30.55	41.70	48.85
2.	Marleen Vos	Batavia Swim	1:29.10	197400598	1:31.49	43.70	47.79
3.	Trudie van Niejenhuis	TZC Vahalis	1:30.20	197100444	1:33.62	43.19	50.43
4.	Martine Barwegen	HZ&PC Heerenveen	1:50.00	197301046	1:55.09	54.82	1:00.27
5.	Nicolette Zuidema	SWOL 1894	1:48.76	197500978	1:55.63	55.50	1:00.13
6.	Femke Poll	SWOL 1894	1:56.96	197401066	2:03.73	58.90	1:04.83
7.	Jiska Bleij	ZVZwartsuis	NT	197501050	2:11.19	1:00.74	1:10.45

Masters 55+, Heren

1.	René Beetsma	HZ&PC Heerenveen	1:25.69	196900069	1:20.69	37.62	43.07
2.	Martin Hoogerkamp	Ksn (Sg)	NT	196801663	1:36.66	43.61	53.05
3.	Maarten Koolman	Steenwijk 1934	1:49.70	196801649	1:56.21	53.10	1:03.11

Masters 55+, Dames

1.	Jacqueline Tuin	Daw	1:25.81	196600690	1:27.36	40.99	46.37
2.	Laura Staal	Oceanus	1:34.80	196700358	1:35.03	44.26	50.77
3.	Hetty Smalheer	Scom	1:51.70	196700352	1:50.83	53.16	57.67
4.	Baukje Ipema	HZ&PC Heerenveen	1:55.21	196800964	1:56.18	54.95	1:01.23

Masters 60+, Heren

1.	Gert Sikkema	Zcu'78	1:21.06	196300687	1:20.71	37.14	43.57
2.	Arnold de Rover	De Berkelduikers	1:21.68	196400645	1:22.03	38.74	43.29
3.	Theo Bakker	TriVia	1:19.50	196401231	1:22.61	38.63	43.98
4.	Jan Wierenga	ZV De Aalscholver	1:29.07	196400843	1:29.35	41.71	47.64
5.	Erik Wetsteijn	SWOL 1894	1:30.74	196501019	1:34.11	44.34	49.77
6.	Jack Barends	WS Twente	1:40.63	196201011	1:36.98	46.06	50.92
7.	Marien Louwerse	Ksn (Sg)	NT	196201331	1:57.41	55.82	1:01.59

Masters 60+, Dames

1.	M. Grove-Lingeman	Triton	1:43.45	196200080	1:44.82	49.17	55.65
2.	Jenny Westervaarder	H2Oldambt	1:57.46	196200424	1:58.84	56.06	1:02.78
3.	Riekie Schra	Steenwijk 1934	2:27.42	196400404	2:37.47	1:14.10	1:23.37

Masters 65+, Heren

1.	Paul Bunnik	Triton	1:29.76	195600413	1:29.69	41.53	48.16
2.	Jelle de Vries	Dz&Pc	1:30.30	195600397	1:32.54	43.51	49.03
3.	Robert Schulein	H2Oldambt	1:50.09	195900843	1:46.82	50.12	56.70

Masters 65+, Dames

1.	Linda Wibbelink	Steenwijk 1934	1:42.32	195900158	1:42.38	48.84	53.54
2.	B. Klompmaker-Mulder	Noord-Veluwe	2:33.99	195900200	2:41.51	1:20.51	1:21.00

Masters 70+, Heren

1.	Jos Kamps	Zwemvereniging Hoogland	2:08.21	195100085	2:12.83	1:01.93	1:10.90
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Masters 75+, Heren

1.	Mans Buis	SWOL 1894	2:07.40	194700133	2:09.25	1:01.50	1:07.75
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Masters 75+, Dames

1. A. Verhoeven - Steggerd	De Duinkickers	2:08.88	194600024	2:12.75	1:01.39	1:11.36
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Masters 80+, Dames

1. Loekie van Huissteden	Zpc Amersfoort	2:13.53	194500002	2:19.54	1:06.64	1:12.90
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