



ZMC deel 2 2025 Heerenveen
Heerenveen, 15-2-2025

Programmanr. 6
15-2-2025 - 16:15

100m vrije slag

Gebjr 1931 - 2005
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
Masters 20+, Heren							
1.	Rik Stahlie	TriVia	59.53	200201915		28.35	30.91
2.	Mark Peters	ZV De Aalscholver	1:00.44	200101431		27.42	32.86
3.	Declan Drost	De Hokseberg	1:04.00	200100203		30.76	33.96
4.	Johan de Vries	Steenwijk 1934	1:08.95	200305127		32.65	36.82
5.	Niek Ottens	Azuro	1:09.71	200400527		32.85	37.98
6.	Wolter Graaf	Z & PC Triton Putten	1:08.35	200105593		34.40	38.30
Masters 20+, Dames							
1.	Ilse Wild	SG Octopus - ZVV	1:05.50	200401812		32.68	34.91
2.	Nynke Jansen	Batavia Swim	1:05.84	200404914		32.48	35.20
3.	Romée Beverdam	WS Twente	1:17.99	200100158		32.72	36.23
4.	Pien Ooijman	WS Twente	1:07.06	200504500		33.32	36.48
5.	Amelina Stevens	Azuro	1:08.79	200402740		33.08	38.63
6.	Amber Westerink	De Hokseberg	1:12.66	200401078		34.20	39.50
Masters 25+, Dames							
1.	Carolien Baarda	Z&PC de Inktvis	1:05.06	199704060		31.19	33.61
2.	Rianne van Rijssen	Noord-Veluwe	1:06.65	199702360		32.17	34.56
3.	Marleen Hof	WS Twente	1:09.30	199802464		31.01	35.79
4.	M. Zuccaro	Daw	1:06.25	199606894		32.52	34.91
5.	Rosalie Baarda	Orca Leeuwarden	1:09.42	199903460		32.33	36.96
6.	Melanie Zondag	ZC Polaris	1:13.94	199804476		35.48	38.12
7.	Mirna Wolters	de Plons	1:15.55	199802046		35.22	39.63
Masters 25+, Heren							
1.	Mathieu Boers	WS Twente	54.67	199800187		26.14	28.89
2.	Lars Jacobsen	Dwk	1:00.16	199705453	S14	29.25	32.09
3.	Jard Pronk	Daw	1:01.81	199905321		29.88	32.64
Masters 30+, Heren							
1.	Huub Scholing	SWOL 1894	1:00.27	199301179		28.87	31.37
2.	Harry Dijkma	ZPC Isis	1:00.36	199100487		28.82	31.80
3.	Sander Riezebos	WS Twente	1:01.23	199400467		28.55	32.51
4.	Niels Bent	WS Twente	1:00.10	199400465		28.84	32.31
5.	Cars Wiegmann	WS Twente	1:09.27	199401025		29.62	33.87
6.	Roy Schroten	Zuiderzeezwemmers	1:08.67	199506373		31.98	34.22
Masters 30+, Dames							
1.	Myrthe Meenhorst	SWOL 1894	1:07.00	199507062		31.49	35.69
2.	N. Wobben-de Vries	Steenwijk 1934	1:10.00	199204328		32.69	34.96
3.	Suzanne Mosch	MSV-Zeemacht	1:07.33	199400548		32.51	36.67
4.	Patricia Hof	ZVZwartsluis	NT	199403264		34.53	35.94
5.	Miranda Jonkman	ZPC de Kanaalstreek	1:13.87	199200878		35.79	38.26
Masters 35+, Heren							
1.	Matthew Humphreys	MSV-Zeemacht	1:00.48	198906983		29.00	30.67
2.	Frank Hermanie	Dz&Pc	1:13.09	198907009		32.50	35.97
Masters 35+, Dames							
1.	Elmi Roelofsen	SG Octopus - ZVV	1:02.76	199008198		30.07	34.45
2.	Relinda Baas	TriVia	1:05.46	198900144		30.89	34.61
3.	Janneke Wynia	WS Twente	1:27.63	199005500		39.46	42.29



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Masters 40+, Heren

1.	Roelf Ottens	WS Twente	1:07.84	198503369	1:07.18	31.29	35.89
2.	Edward van Dootingh	Deltasteur	1:05.24	198403341	1:07.59	32.03	35.56
3.	Cetin Cetiner	AZ&PC De Futen	1:11.00	198303155	1:09.62	32.86	36.76

Masters 40+, Dames

1.	Marloes Rebel	WS Twente	1:29.47	198403474	1:26.43	41.19	45.24
2.	Vanessa Houtman	Zignea	1:43.35	198202604	1:31.03	45.26	45.77
3.	Annemarie Visser	HZ&PC Heerenveen	1:58.00	198403642	1:52.36	50.69	1:01.67

Masters 45+, Heren

1.	Tom Bandsma	Psv	1:05.51	197701625	1:07.96	32.39	35.57
2.	Ritsert Boonstra	MSV-Zeemacht	1:07.18	197800139	1:10.44	33.96	36.48
3.	Richard Kremer	Azuro	1:07.33	198001871	1:10.64	33.78	36.86
4.	Marco Broeninck	Batavia Swim	1:26.09	197801987	1:23.19	36.70	46.49
5.	Stefan Witwerts	Ksn (Sg)	1:26.27	197902159	1:24.02	40.70	43.32

Masters 45+, Dames

1.	Alina Spijkerman	Daw	1:08.36	197701220	1:09.54	33.47	36.07
2.	Gea van der Schaaf	Deltasteur	1:11.00	197901558	1:11.69	33.75	37.94
3.	Agnes van Brug	Daw	1:14.12	198001726	1:13.34	35.05	38.29
4.	Margriet Leeffers	Deltasteur	1:16.67	197800448	1:17.80	37.73	40.07
5.	Saskia op den Velde	De Duinkickers	1:15.21	197901530	1:17.92	35.63	42.29
6.	Bianca Oudendijk	Daw	1:29.52	197901122	1:24.25	39.76	44.49
7.	Leonie Scholten	Steenwijk 1934	1:20.54	197901560	1:24.87	39.76	45.11
8.	Wendy van Roemburg	Zuiderzeezwemmers	1:38.89	197601214	1:39.63	46.41	53.22
9.	Inge Geel	Batavia Swim	1:53.67	197701208	1:51.52	51.14	1:00.38

Masters 50+, Heren

1.	Kees Bakker	Gay Swim Amsterdam	59.80	197501055	1:01.53	29.41	32.12
2.	Peter de Vries	HZ&PC Heerenveen	1:03.90	197401601	1:04.09	29.67	34.42
3.	Peter Meijer	Dz&Pc	1:06.49	197300613	1:06.46	31.95	34.51
4.	Gerhard Knol	ZV De Aalscholver	1:09.24	197100483	1:08.62	33.01	35.61
5.	Hindrik Meijer	H2Oldambt	1:12.63	197301645	1:10.87	33.66	37.21

Masters 50+, Dames

1.	Marleen Vos	Batavia Swim	1:10.43	197400598	1:11.13	34.01	37.12
2.	Trudie van Niejenhuis	TZC Vahalis	1:11.69	197100444	1:13.73	35.23	38.50
3.	Catherine Hoogeveen	Dz&Pc	1:12.84	197501048	1:13.91	35.17	38.74
4.	Nicolette Zuidema	SWOL 1894	1:32.43	197500978	1:30.34	43.35	46.99
5.	Martine Barwegen	HZ&PC Heerenveen	1:42.11	197301046	1:37.81	46.31	51.50
6.	Femke Poll	SWOL 1894	1:43.49	197401066	1:40.72	48.92	51.80
7.	Elske van Doornum	De Duinkickers	1:54.53	197401052	1:54.36	S9 144 52.48	1:01.88

Masters 55+, Heren

1.	Mathieu Rikken	De Duinkickers	1:08.92	196701777	1:07.36	31.94	35.42
2.	Marcel Brittijn	De Duinkickers	1:10.97	196900159	1:15.99	34.96	41.03
3.	Martin Hoogerkamp	Ksn (Sg)	NT	196801663	1:23.19	39.03	44.16
4.	Maarten Koolman	Steenwijk 1934	1:48.20	196801649	1:56.53	52.38	1:04.15

Masters 55+, Dames

1.	Laura Staal	Oceanus	1:13.57	196700358	1:13.88	35.43	38.45
2.	Iris van Aurich	Dwk	1:09.89	196900866	1:16.03	35.05	40.98
3.	Hetty Smalheer	Scm	1:29.81	196700352	1:31.08	43.94	47.14
4.	Baukje Ipema	HZ&PC Heerenveen	1:40.42	196800964	1:42.39	49.10	53.29



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Masters 60+, Heren

1.	Arnold de Rover	De Berkelduikers	1:01.11	196400645	1:01.57	29.55	32.02
2.	Gert Sikkema	Zcu'78	1:03.40	196300687	1:04.36	30.28	34.08
3.	Jan Wierenga	ZV De Aalscholver	1:10.12	196400843	1:08.19	32.58	35.61
4.	Erik Wetsteijn	SWOL 1894	1:10.93	196501019	1:11.59	33.66	37.93
5.	Jack Barends	WS Twente	1:18.51	196201011	1:17.56	36.93	40.63
6.	Marien Louwerse	Ksn (Sg)	NT	196201331	1:33.41	43.67	49.74

Masters 60+, Dames

1.	M. Grove-Lingeman	Triton	1:16.71	196200080	1:18.42	36.86	41.56
2.	Christine Buist	De Duinkickers	1:26.31	196400608	1:28.28	41.46	46.82
3.	Riekje Schra	Steenwijk 1934	2:13.88	196400404	2:30.30	1:09.49	1:20.81

Masters 65+, Heren

1.	Paul Bunnik	Triton	1:10.53	195600413	1:09.62	33.02	36.60
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Masters 65+, Dames

1.	Marijke Kraak-Beckers	SWOL 1894	1:18.91	196000240	1:17.95	37.57	40.38
2.	Linda Wibbelink	Steenwijk 1934	1:18.37	195900158	1:21.13	38.58	42.55
3.	Hannie Poletiek	TriVia	1:25.82	195900278	1:28.64	41.36	47.28
4.	Monica Bakker	Steenwijk 1934	1:40.26	195600082	1:31.03	43.48	47.55
5.	Elly Kiestra-Broertjes	Zignea	1:39.04	195600100	1:33.00	43.14	49.86
6.	Katinka Elders	HZ&PC Heerenveen	1:42.57	196000292	1:36.26	45.82	50.44

Masters 70+, Heren

1.	Harry Dokter	SWOL 1894	1:11.50	195100037	1:12.40	33.58	38.82
2.	Jappie Kuiper	SWOL 1894	1:23.09	195500417	1:21.11	37.64	43.47
3.	Be van der Ziel	SWOL 1894	1:31.19	195200213	1:31.98	43.61	48.37

Masters 70+, Dames

1.	Christine Nieuwenhuis	SWOL 1894	1:18.92	195100022	1:19.10	36.79	42.31
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Masters 75+, Heren

1.	Mans Buis	SWOL 1894	1:45.20	194700133	1:47.80	51.42	56.38
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