Verbetering zwemmer - Details

Alle wedstrijden

Programma	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
Aktivio								-

de Brug Midden-Groningen — 8

Cindy Geertsema, 1982 (44 jaar), Dames — 2

25m vrije slag	Series	16.	35.81	24	32.55	83%
25m vrije slag	Series	16.	36.49	23	35.81	96%
25m rugslag	Series	14.	**46.22**	16	47.25	105%
25m rugslag	Series	15.	**45.65**	17	46.22	103%
25m schoolslag	Series	11.	36.73	46	36.00	96%
25m schoolslag	Series	11.	36.00	49	33.73	88%

Daniel Radema, 1991 (35 jaar), Heren — -

50m vrije slag	Series	8.	48.80	67	48.02	97%
50m vrije slag	Series	8.	48.02	71	46.79	95%
50m schoolslag	Series	11.	58.21	78	58.13	100%
50m schoolslag	Series	9.	58.13	79	55.79	92%

Freida Zwiep, 1993 (33 jaar), Dames — -

25m vrije slag	Series	AFGEM		-	36.13	-
25m rugslag	Series	AFGEM		-	33.89	-
25m schoolslag	Series	AFGEM		-	39.89	-

Nicole Goos, 1989 (37 jaar), Dames — 2

25m vrije slag	Series	21.	1:08.98	3	1:02.79	83%
25m vrije slag	Series	21.	1:25.28	1	1:08.98	65%
25m rugslag	Series	15.	**1:17.14**	3	1:19.65	107%
25m rugslag	Series	16.	1:21.14	3	1:17.14	90%
25m schoolslag	Series	17.	1:02.31	9	59.39	91%
25m schoolslag	Series	16.	**59.39**	10	59.89	102%

Patrick Brokschmidt, 1983 (43 jaar), Heren — 1

50m vrije slag	Series	10.	50.72	60	50.53	99%
50m vrije slag	Series	10.	**50.53**	61	50.77	101%
50m schoolslag	Series	5.	50.22	122	50.21	100%
50m schoolslag	Series	5.	50.21	122	48.37	93%

Ricette Schumer, 1982 (44 jaar), Dames — 2

50m vrije slag	Series	6.	**1:00.66**	53	1:01.28	102%
50m vrije slag	Series	7.	1:01.28	51	58.82	92%
50m schoolslag	Series	7.	**1:14.11**	56	1:14.94	102%
50m schoolslag	Series	6.	1:14.94	54	1:14.39	99%

Rolf Smit, 1990 (36 jaar), Heren — 1

50m vrije slag	Series	9.	49.18	66	45.87	87%
50m vrije slag	Series	7.	**45.87**	81	46.79	104%
50m schoolslag	Series	8.	55.78	89	55.17	98%
50m schoolslag	Series	8.	55.17	92	54.40	97%

SIW (Start in water), SIW-BB (Start in water buitenbaan)

de Brug Noord-Groningen 7

Hielke Buma, 1995 (31 jaar), Heren 2

25m vrije slag	Series	9.	**24.70**	47	25.00	102%
25m vrije slag	Series	11.	25.68	42	24.70	93%
25m rugslag	Series	5.	**28.94**	45	34.21	140%
25m rugslag	Series	8.	34.21	27	24.60	52%

John Katerberg, 1966 (60 jaar), Heren 2

25m vrije slag	Series	13.	29.55	27	24.73	70%
25m vrije slag	Series	13.	**29.18**	28	29.55	103%
25m rugslag	Series	3.	**26.28**	60	26.80	104%
25m rugslag	Series	4.	26.80	56	24.92	86%

Nanda Kamps, 1992 (34 jaar), Dames 1

50m vrije slag	Series	8.	1:09.66	35	1:06.56	91%
50m vrije slag	Series	10.	1:06.56	40	1:04.04	93%
50m schoolslag	Series	4.	1:05.10	82	1:02.98	94%
50m schoolslag	Series	4.	**1:02.98**	91	1:05.84	109%

Sander van den Berg, 1978 (48 jaar), Heren 1

25m schoolslag	Series	4.	25.15	94	24.24	93%
25m schoolslag	Series	4.	24.24	105	24.10	99%
50m schoolslag	Series	7.	**54.55**	95	55.84	105%
50m schoolslag	Series	9.	56.15	87	54.55	94%

Theo Schuiling, 1988 (38 jaar), Heren 1

25m vrije slag	Series	2.	16.55	158	15.83	91%
25m vrije slag	Series	2.	**16.49**	159	16.55	101%
50m vrije slag	Series	3.	37.21	152	36.93	99%
50m vrije slag	Series	2.	36.93	156	35.81	94%

de Brug Veendam 15

Alwin Boxem, 1991 (35 jaar), Heren -

25m vrije slag	Series	AFGEM		-	25.87	-
25m schoolslag	Series	AFGEM		-	NT	-

Annika ten Brink, 1995 (31 jaar), Dames 2

25m vrije slag	Series	5.	28.96	46	28.79	99%
25m vrije slag	Series	5.	**25.75**	66	28.96	126%
25m schoolslag	Series	2.	28.50	98	27.74	95%
25m schoolslag	Series	1.	**27.74**	107	35.11	160%

Arjan Ewolds, 1987 (39 jaar), Heren 1

50m vrije slag	Series	7.	**47.84**	71	48.70	104%
50m vrije slag	Series	9.	48.70	68	43.46	80%
50m schoolslag	Series	12.	1:16.44	34	1:13.17	92%
50m schoolslag	Series	10.	1:13.17	39	NT	-

Bart Hol, 1994 (32 jaar), Heren 3

25m vrije slag	Series	BM	12.96	329	NT	-
25m vrije slag	Series	BM	13.53	289	12.96	92%
50m vrije slag	Series	1.	30.89	267	30.89	100%
50m vrije slag	Series	1.	30.89	267	30.78	99%
25m rugslag	Series	BM	17.84	192	NT	-
25m rugslag	Series	BM	18.67	167	17.84	91%
25m schoolslag	Series	BM	17.88	263	NT	-
25m schoolslag	Series	BM	**17.59**	277	17.88	103%
50m schoolslag	Series	1.	**41.67**	214	42.18	102%
50m schoolslag	Series	1.	**41.63**	215	41.67	100%

Camilla Meiborg, 1999 (27 jaar), Dames -

50m vrije slag	Series	3.	49.97	95	48.08	93%
50m vrije slag	Series	3.	48.08	107	41.95	76%
50m schoolslag	Series	3.	56.63	125	54.53	93%
50m schoolslag	Series	3.	54.53	140	53.36	96%

Damian Franzen, 2006 (20 jaar), Heren 2

25m vrije slag	Series	1.	**14.09**	256	16.27	133%
25m vrije slag	Series	1.	14.39	240	14.09	96%
25m schoolslag	Series	1.	**20.78**	168	23.59	129%
25m schoolslag	Series	1.	21.22	157	20.78	96%

Karin Kuiper - Visscher, 1988 (38 jaar), Dames 2

25m vrije slag	Series	2.	**23.42**	87	26.72	130%
25m vrije slag	Series	3.	23.82	83	23.42	97%
25m rugslag	Series	7.	32.27	49	31.79	97%
25m rugslag	Series	8.	**31.66**	52	32.27	104%

Melvin Schuur, 2006 (20 jaar), Heren 1

50m vrije slag	Series	5.	43.78	93	40.66	86%
50m vrije slag	Series	4.	**40.66**	117	43.93	117%
50m schoolslag	Series	3.	46.54	154	45.88	97%

Ricardo Ploeger, 1999 (27 jaar), Heren 2

50m vrije slag	Series	2.	**37.06**	154	38.23	106%
50m vrije slag	Series	3.	38.23	141	35.99	89%
50m schoolslag	Series	2.	45.71	162	45.37	99%
50m schoolslag	Series	2.	**45.37**	166	45.72	102%

Tristan Franzen, 2007 (19 jaar), Heren 2

25m vrije slag	Series	3.	**16.93**	147	19.26	129%
25m vrije slag	Series	3.	17.09	143	16.93	98%
25m rugslag	Series	1.	21.70	106	20.77	92%
25m rugslag	Series	1.	**20.77**	121	25.49	151%

SIW (Start in water), SIW-BB (Start in water buitenbaan)

de Brug Westerkwartier 8

Janita Schutema, 1999 (27 jaar), Dames 3

25m rugslag	Series	5.	**30.78**	57	31.58	105%
25m rugslag	Series	3.	**28.65**	70	30.78	115%
50m schoolslag	Series	5.	**1:05.60**	80	1:07.72	107%
50m schoolslag	Series	5.	1:07.72	73	1:06.66	97%

Jitze Hoekstra, 1986 (40 jaar), Heren 1

25m vrije slag	Series	29.	52.05	5	51.09	96%
25m vrije slag	Series	29.	57.01	3	52.05	83%
25m rugslag	Series	12.	**55.74**	6	58.44	110%
25m rugslag	Series	12.	58.44	5	56.10	92%

Marieke Graver, 1994 (32 jaar), Dames 2

50m vrije slag	Series	1.	39.79	188	39.33	98%
50m vrije slag	Series	1.	**39.33**	195	40.17	104%
50m schoolslag	Series	1.	**49.94**	183	50.27	101%
50m schoolslag	Series	1.	50.27	179	49.07	95%

Trienco Martini, 1982 (44 jaar), Heren 2

25m rugslag	Series	2.	25.47	66	24.65	94%
25m rugslag	Series	2.	**24.45**	74	25.47	109%
50m schoolslag	Series	3.	47.06	149	46.65	98%
50m schoolslag	Series	4.	**46.54**	154	47.06	102%

De Forel -

De Vikings -

DZ&PC -

Flotar Roden 6

Alexander Wassenaar, 1975 (51 jaar), Heren 1

25m vrije slag	Series	12.	27.18	35	25.82	90%
25m vrije slag	Series	12.	**26.44**	38	27.18	106%
25m rugslag	Series	7.	33.56	28	30.68	84%
25m rugslag	Series	5.	30.68	37	30.02	96%

Mark Mulder, 2007 (19 jaar), Heren 1

50m vrije slag	Series	6.	44.74	87	44.19	98%
50m vrije slag	Series	6.	44.19	91	43.31	96%
50m schoolslag	Series	10.	**56.74**	85	58.46	106%

Pieter Wijnja, 1991 (35 jaar), Heren 1

50m vrije slag	Series	4.	**42.44**	103	43.41	105%
50m vrije slag	Series	5.	43.41	96	40.82	88%
50m schoolslag	Series	7.	52.13	109	49.62	91%
50m schoolslag	Series	4.	49.62	127	49.54	100%

Renske Wekema, 1995 (31 jaar), Dames 2

50m vrije slag	Series	2.	**43.75**	142	47.67	119%
50m vrije slag	Series	2.	47.67	109	44.87	89%
50m schoolslag	Series	2.	**49.98**	182	51.41	106%
50m schoolslag	Series	2.	51.41	168	50.74	97%

Xiao Xin Noorlander, 1994 (32 jaar), Dames 1

25m vrije slag	Series	10.	30.74	38	29.28	91%
25m vrije slag	Series	10.	31.08	37	30.74	98%
25m schoolslag	Series	4.	**30.72**	78	31.28	104%
25m schoolslag	Series	6.	31.28	74	31.09	99%

FZC'54 -

HZ&PC Heerenveen -

Isis -

Neptunia'24 -

Orca -

Samen Onderweg Heerenveen — 6

Adri Hoiting, 1982 (44 jaar), Dames — 1

25m schoolslag	Series	12.	**37.09**	44	40.26	118%
25m schoolslag	Series	12.	40.26	35	NT	-
50m schoolslag	Series	9.	1:30.11	31	1:24.26	87%
50m schoolslag	Series	9.	1:24.26	38	NT	-

Alienke Remmelts, 1967 (59 jaar), Dames — -

50m vrije slag	Series	11.	1:14.54	28	1:05.38	77%
50m vrije slag	Series	9.	1:05.38	42	NT	-

Ciska Wolters, 1963 (63 jaar), Dames — -

50m schoolslag	Series	10.	2:20.18	8	2:11.78	88%
50m schoolslag	Series	10.	2:11.78	9	NT	-

Hester Cuperus, 1999 (27 jaar), Dames — 1

25m vrije slag	Series	AFGEM		-	27.87	-
25m rugslag	Series	6.	31.99	50	NT	-
25m rugslag	Series	9.	**31.80**	51	31.99	101%
50m schoolslag	Series	8.	1:23.31	39	1:04.93	61%
50m schoolslag	Series	8.	1:23.79	38	1:23.31	99%

Mark Visser, 1000 (99 jaar), Heren — 1

25m vrije slag	Series	22.	39.19	11	NT	-
25m vrije slag	Series	18.	**34.34**	17	39.19	130%
50m vrije slag	Series	13.	1:19.11	15	1:18.39	98%
50m vrije slag	Series	12.	1:18.39	16	NT	-

Rianne Kuier, 1988 (38 jaar), Dames — 2

50m vrije slag	Series	9.	**1:09.86**	34	1:10.57	102%
50m vrije slag	Series	12.	1:10.57	33	NT	-
25m rugslag	Series	11.	35.12	38	33.96	94%
25m rugslag	Series	10.	**34.89**	39	35.12	101%

Sam Mulder, 2002 (24 jaar), Heren — 1

25m vrije slag	Series	10.	26.49	38	26.39	99%
25m vrije slag	Series	8.	**22.62**	61	26.49	137%
50m vrije slag	Series	12.	1:03.73	30	1:03.21	98%
50m vrije slag	Series	11.	1:03.21	31	1:00.59	92%

Spelend Sporten Leeuwarden -

Sportstichting Dol Fijn 31

Anne de Rooij, 1970 (56 jaar), Heren 2

25m vrije slag	Series	7.	**21.85**	68	24.18	122%
25m vrije slag	Series	9.	22.91	59	21.85	91%
25m rugslag	Series	4.	27.71	51	27.58	99%
25m rugslag	Series	3.	**26.76**	57	27.58	106%

Bennie Nauta, 1964 (62 jaar), Heren 2

25m vrije slag	Series	27.	**46.23**	7	48.13	108%
25m vrije slag	Series	27.	50.06	5	46.23	85%
25m rugslag	Series	11.	55.47	6	49.41	79%
25m rugslag	Series	10.	**49.41**	9	56.10	129%

Dennis van Leeuwen, 1995 (31 jaar), Heren 2

25m vrije slag	Series	26.	44.67	8	39.98	80%
25m vrije slag	Series	23.	**38.49**	12	44.67	135%
25m rugslag	Series	9.	34.73	26	33.17	91%
25m rugslag	Series	6.	**33.17**	29	39.76	144%

Gonda van Leeuwen, 1999 (27 jaar), Dames 2

25m rugslag	Series	3.	**28.53**	71	30.23	112%
25m rugslag	Series	5.	29.05	68	28.53	96%
25m schoolslag	Series	5.	30.77	78	30.34	97%
25m schoolslag	Series	5.	**30.34**	81	34.00	126%

Henny van Elmpt, 1971 (55 jaar), Heren 2

25m vrije slag	Series	28.	**50.72**	5	53.47	111%
25m vrije slag	Series	28.	52.14	5	50.72	95%
25m rugslag	Series	13.	57.88	5	52.16	81%
25m rugslag	Series	11.	**52.16**	7	54.30	108%

Ingrid van der Werff, 1967 (59 jaar), Dames 1

25m vrije slag	Series	7.	**29.30**	44	38.10	169%
25m vrije slag	Series	12.	33.19	30	29.30	78%
25m schoolslag	Series	14.	41.10	32	40.36	96%
25m schoolslag	Series	13.	40.36	34	40.12	99%

Jeldau Brink, 2001 (25 jaar), Dames 2

25m vrije slag	Series	13.	**32.86**	31	33.15	102%
25m vrije slag	Series	14.	33.71	29	32.86	95%
25m schoolslag	Series	10.	35.46	51	34.87	97%
25m schoolslag	Series	9.	**34.87**	53	36.13	107%

Klazina Nicolai, 1986 (40 jaar), Dames 2

25m vrije slag	Series	8.	**29.49**	43	35.13	142%
25m vrije slag	Series	13.	33.27	30	29.49	79%
25m rugslag	Series	10.	**35.12**	38	47.18	180%
25m rugslag	Series	11.	35.92	35	35.12	96%

Maaike Bijlsma, 1969 (57 jaar), Dames 3

25m vrije slag	Series	9.	**29.67**	43	30.68	107%
25m vrije slag	Series	9.	**29.65**	43	29.67	100%
25m rugslag	Series	2.	**28.22**	74	32.10	129%
25m rugslag	Series	6.	29.06	67	28.22	94%

Renske Meestringa, 2006 (20 jaar), Dames 3

25m rugslag	Series	4.	**30.15**	60	36.15	144%
25m rugslag	Series	4.	**29.05**	68	30.15	108%
25m schoolslag	Series	3.	30.38	81	29.18	92%
25m schoolslag	Series	3.	**29.18**	92	38.15	171%

Richard Pestman, 1994 (32 jaar), Heren 4

25m vrije slag	Series	4.	**18.13**	120	19.27	113%
25m vrije slag	Series	4.	**17.37**	136	18.13	109%
25m schoolslag	Series	2.	**22.14**	139	22.37	102%
25m schoolslag	Series	2.	**21.34**	155	22.14	108%

Rick Jorritsma, 1991 (35 jaar), Heren 2

25m vrije slag	Series	14.	**31.01**	24	40.25	168%
25m vrije slag	Series	19.	34.69	17	31.01	80%
25m rugslag	Series	8.	34.68	26	34.37	98%
25m rugslag	Series	9.	**34.37**	26	41.10	143%

Robin Halma, 2016 (10 jaar), Jongens 1

25m rugslag	Series	7.	**33.59**	28	36.55	118%
25m rugslag	Series	10.	38.26	19	33.59	77%
25m schoolslag	Series	16.	40.49	22	36.78	83%

Thomas Hoeksma, 2009 (17 jaar), Jongens 2

25m vrije slag	Series	8.	**22.28**	64	27.10	148%
25m vrije slag	Series	6.	**21.47**	72	22.28	108%
25m schoolslag	Series	6.	28.66	64	26.32	84%

Wanja Antonau, 2008 (18 jaar), Jongens 1

25m rugslag	Series	6.	30.56	38	28.66	88%
25m schoolslag	Series	5.	**27.98**	68	33.81	146%

SIW (Start in water), SIW-BB (Start in water buitenbaan)

Trebokama 13

Alien de Jonge, 1993 (33 jaar), Dames 2

25m vrije slag	Series	18.	45.66	11	NT	-
25m vrije slag	Series	17.	**36.94**	22	45.66	153%
50m vrije slag	Series	10.	1:13.13	30	1:07.50	85%
50m vrije slag	Series	11.	1:07.50	38	NT	-
25m rugslag	Series	13.	**41.71**	22	42.13	102%

Bertus van Holten, 1965 (61 jaar), Heren 1

25m vrije slag	Series	18.	32.83	20	NT	-
25m vrije slag	Series	16.	**32.14**	21	32.83	104%

Franka Boer, 1997 (29 jaar), Dames -

25m vrije slag	Series	14.	34.08	28	NT	-
25m vrije slag	Series	15.	34.87	26	34.08	96%
25m schoolslag	Series	9.	35.17	52	34.78	98%
25m schoolslag	Series	8.	34.78	54	NT	-

Jeanet Brinkman, 1997 (29 jaar), Dames 4

25m vrije slag	Series	12.	**31.34**	36	33.22	112%
25m vrije slag	Series	6.	**27.93**	51	31.34	126%
50m vrije slag	Series	5.	**1:00.20**	54	1:00.48	101%
50m vrije slag	Series	5.	1:00.48	53	NT	-
25m rugslag	Series	12.	40.29	25	38.59	92%
25m rugslag	Series	12.	**39.81**	26	40.29	102%
25m schoolslag	Series	13.	39.47	37	37.11	88%

Lianne Boverhof, 1996 (30 jaar), Dames 2

25m vrije slag	Series	17.	40.17	17	35.48	78%
25m vrije slag	Series	8.	**29.38**	44	40.17	187%
50m vrije slag	Series	12.	1:32.21	15	1:21.69	78%
50m vrije slag	Series	14.	1:21.69	21	NT	-
25m rugslag	Series	13.	**43.29**	20	50.25	135%
25m rugslag	Series	14.	43.50	20	43.29	99%
25m schoolslag	Series	14.	42.56	29	NT	-

Margriet Meijer, 1993 (33 jaar), Dames 1

25m vrije slag	Series	4.	28.53	48	NT	-
25m vrije slag	Series	7.	29.16	45	28.53	96%
50m vrije slag	Series	AFGEM		-	1:01.00	-
50m vrije slag	Series	6.	1:01.00	52	NT	-
25m schoolslag	Series	1.	**27.52**	109	28.31	106%
25m schoolslag	Series	2.	28.31	100	NT	-

Miranda Moes, 1993 (33 jaar), Dames -

25m vrije slag	Series	AFGEM		-	NT	-
25m schoolslag	Series	AFGEM		-	NT	-

Renske Valk, 1963 (63 jaar), Dames -

25m vrije slag	Series	15.	34.54	27	NT	-
25m vrije slag	Series	18.	43.71	13	34.54	62%
50m vrije slag	Series	13.	1:37.10	12	1:14.65	59%
50m vrije slag	Series	13.	1:14.65	28	NT	-

Rian Wemmenhove, 1994 (32 jaar), Dames 3

25m vrije slag	Series	6.	29.30	44	NT	-
25m vrije slag	Series	2.	**23.67**	85	29.30	153%
25m rugslag	Series	8.	**32.60**	48	33.20	104%
25m rugslag	Series	7.	**29.82**	62	32.60	120%

Wilfred Wiltjer, 1978 (48 jaar), Heren -

25m vrije slag	Series	AFGEM		-	NT	-
50m vrije slag	Series	AFGEM		-	NT	-
25m rugslag	Series	AFGEM		-	NT	-

Vereniging voor Aangepast Sporten Tytsjerksteradiel 5

Hendrika de Boer, 1991 (35 jaar), Dames 5

25m vrije slag	Series	3.	26.79	58	NT	-
25m vrije slag	Series	4.	**24.56**	76	26.79	119%
50m vrije slag	Series	4.	**55.80**	68	58.91	111%
50m vrije slag	Series	4.	58.91	58	NT	-
25m rugslag	Series	9.	33.07	46	NT	-
25m rugslag	Series	2.	**27.68**	78	33.07	143%
25m schoolslag	Series	8.	**34.12**	57	35.10	106%
25m schoolslag	Series	10.	35.10	52	NT	-
50m schoolslag	Series	7.	1:18.62	46	NT	-
50m schoolslag	Series	6.	**1:14.09**	56	1:18.62	113%

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Alexander Hogesteijn, 1987 (39 jaar), Heren -

25m vrije slag	Series	AFGEM		-	41.10	-
25m schoolslag	Series	AFGEM		-	48.15	-

Alianne Karsten, 1995 (31 jaar), Dames 1

25m vrije slag	Series	19.	54.67	6	46.32	72%
25m vrije slag	Series	20.	57.69	5	54.67	90%
25m schoolslag	Series	15.	**56.84**	12	56.97	100%
25m schoolslag	Series	15.	56.97	12	48.15	71%

Bart Suurmond, 2000 (26 jaar), Heren 4

25m vrije slag	Series	25.	**43.49**	8	53.26	150%
25m vrije slag	Series	20.	**36.33**	14	43.49	143%
25m schoolslag	Series	11.	**39.92**	23	54.97	190%
25m schoolslag	Series	11.	**35.92**	32	39.92	124%

Bas Galema, 1987 (39 jaar), Heren 2

25m vrije slag	Series	16.	32.25	21	29.45	83%
25m vrije slag	Series	14.	**30.08**	26	32.25	115%
25m schoolslag	Series	9.	**31.69**	47	32.35	104%

Bastiaan Bischop, 1995 (31 jaar), Heren 2

25m vrije slag	Series	17.	**32.51**	20	32.57	100%
25m vrije slag	Series	22.	37.40	13	32.51	76%
25m schoolslag	Series	10.	**39.69**	24	45.76	133%

Damien Bos, 2005 (21 jaar), Heren 2

25m vrije slag	Series	20.	**35.15**	16	48.58	191%
25m vrije slag	Series	24.	39.16	11	35.15	81%
25m schoolslag	Series	9.	**38.56**	26	54.34	199%
25m schoolslag	Series	15.	40.49	22	38.56	91%

Emiel Herder, 1987 (39 jaar), Heren 4

25m schoolslag	Series	3.	**23.60**	114	23.61	100%
25m schoolslag	Series	3.	**23.61**	114	29.34	154%
50m schoolslag	Series	6.	**52.02**	110	1:10.56	184%
50m schoolslag	Series	6.	**51.98**	110	52.02	100%

Jochem Tuininga, 1983 (43 jaar), Heren 3

25m vrije slag	Series	21.	**36.46**	14	1:13.28	404%
25m vrije slag	Series	21.	36.98	14	36.46	97%
25m schoolslag	Series	12.	**40.17**	23	59.12	217%
25m schoolslag	Series	12.	**36.69**	30	40.17	120%

Johan de Vries, 1983 (43 jaar), Heren 2

25m vrije slag	Series	15.	**31.34**	23	1:17.33	609%
25m vrije slag	Series	15.	31.68	22	31.34	98%
25m schoolslag	Series	7.	**31.55**	48	59.83	360%
25m schoolslag	Series	10.	31.69	47	31.55	99%

Johan Rooks, 1972 (54 jaar), Heren 2

25m vrije slag	Series	24.	**40.59**	10	53.32	173%
25m vrije slag	Series	26.	43.66	8	40.59	86%
25m schoolslag	Series	13.	41.63	20	41.63	100%
25m schoolslag	Series	14.	**38.12**	27	41.63	119%

Luuk Profijt, 2001 (25 jaar), Heren 2

25m vrije slag	Series	6.	**21.56**	71	27.10	158%
25m vrije slag	Series	7.	22.47	63	21.56	92%
25m schoolslag	Series	5.	**26.76**	78	39.14	214%
25m schoolslag	Series	7.	29.53	58	26.76	82%

Malu Tuni, 1987 (39 jaar), Dames 2

25m vrije slag	Series	20.	**57.90**	5	1:01.06	111%
25m vrije slag	Series	19.	**57.40**	5	57.90	102%
25m schoolslag	Series	16.	1:00.09	10	55.51	85%

Marc de Haan, 1980 (46 jaar), Heren 1

25m vrije slag	Series	23.	**39.56**	11	46.08	136%
25m vrije slag	Series	25.	41.50	10	39.56	91%

Marjolein van 't Hof, 1974 (52 jaar), Dames 2

25m vrije slag	Series	11.	**30.75**	38	34.19	124%
25m vrije slag	Series	11.	33.19	30	30.75	86%
25m schoolslag	Series	7.	32.65	65	29.59	82%
25m schoolslag	Series	4.	**29.59**	88	36.20	150%

Mark de Jong, 1991 (35 jaar), Heren 1

25m vrije slag	Series	30.	54.79	4	53.27	95%
25m vrije slag	Series	30.	58.54	3	54.79	88%
25m schoolslag	Series	14.	1:10.41	4	53.84	58%
25m schoolslag	Series	17.	**1:01.45**	6	1:10.41	131%

Milan Bouland, 2002 (24 jaar), Heren 2

25m vrije slag	Series	5.	**19.62**	94	23.12	139%
25m vrije slag	Series	5.	20.11	88	19.62	95%
25m schoolslag	Series	6.	**28.79**	63	37.78	172%
25m schoolslag	Series	8.	30.88	51	28.79	87%

SIW (Start in water), SIW-BB (Start in water buitenbaan)

Nico de Jong, 1992 (34 jaar), Heren							3
25m vrije slag	Series	19.	**33.56**	18	36.76	120%	
25m vrije slag	Series	17.	**32.53**	20	33.56	106%	
25m schoolslag	Series	8.	**33.35**	40	36.98	123%	
25m schoolslag	Series	13.	37.25	29	33.35	80%	
Roy Melching, 1993 (33 jaar), Heren							-
25m vrije slag	Series	AFGEM		-	54.83	-	
25m schoolslag	Series	AFGEM		-	1:09.37	-	
Rutger Jonkers, 1988 (38 jaar), Heren							3
25m vrije slag	Series	11.	**26.55**	38	30.90	135%	
25m vrije slag	Series	10.	**23.28**	56	26.55	130%	
50m vrije slag	Series	11.	**1:02.87**	31	1:33.13	219%	
50m vrije slag	Series	13.	1:33.13	9	36.09	15%	
Ytje Miedema, 1979 (47 jaar), Dames							2
50m vrije slag	Series	7.	1:05.40	42	1:04.92	99%	
50m vrije slag	Series	8.	**1:04.92**	43	1:10.57	118%	
25m schoolslag	Series	6.	32.31	67	32.02	98%	
25m schoolslag	Series	7.	**32.02**	69	34.78	118%	

ZuiderZeeZwemmers 2

Annemieke Visch, 1983 (43 jaar), Dames 2

25m vrije slag	Series	1.	**22.67**	96	23.30	106%
25m vrije slag	Series	1.	**22.22**	102	23.30	110%
25m rugslag	Series	1.	25.54	100	24.45	92%
25m rugslag	Series	1.	26.52	89	24.45	85%